

379 Adelaide Street West  
Toronto, Ontario

**Matt Kornmuller\***  
Vice President  
+1 416 238 9762  
Matthew.Kornmuller@jll.com

**Robert Sweeney\***  
Executive Vice President  
+1 416 559 0722  
Robert.Sweeney@jll.com

**Henry Stafferton\***  
Associate  
+1 416 459 0522  
Henry.Stafferton@jll.com



With more than 200 properties across the country, Allied is a leading owner-operator of distinctive urban workspaces in Canada's major cities. Allied's portfolio, comprising more than 15 million square feet, is defined by its thoughtful, human-centric design and an inimitable occupant experience. Join a nationwide community of knowledge-based organizations, attract and retain top talent, and ignite workplace culture in a space that is conducive to human wellness, diversity, and connectivity in the heart of Canada's most vibrant urban neighbourhoods.

**ALLIED**

## PROPERTY HIGHLIGHTS

Located in the King West neighbourhood in Downtown Toronto, the building offers a variety of built-out space and flexible lease terms to accommodate different types of business needs. This centrally located, amenity-rich area is an ideal location to enhance organizational culture, productivity and engagement.

## NEIGHBOURHOOD AMENITIES

Toronto's vibrant King West neighbourhood is known for its lively night-life and thriving arts scene. With a plethora of upscale restaurants, bars and clubs, it's the ideal destination for work and play. Centrally located, King West offers easy access to major transportation hubs, making it perfect for organizations seeking a dynamic downtown presence.

## TELECOM PROVIDER

- Beanfield
- Bell
- Rogers

## TRANSIT

- 2-minute walk to streetcar (510 Spadina)
- 12-minute walk to PATH
- 13-minute walk to St. Andrew subway station
- 20-minute walk to Union Station

## SUITE INFORMATION

SUITE	SF	TYPE	AVAILABILITY	VIRTUAL TOUR
B02	1,637	Office	Immediate	N/A
G100*	7,409	Office	Immediate	<a href="#">Click Here</a>
200	7,475	Office	Immediate	<a href="#">Click here</a>
300	7,451	Office	Immediate	<a href="#">Click here</a>

Includes Utilities & Excludes In-Suite Janitorial

## GROSS RENT

Call leasing agent

379 Adelaide Street West  
Basement Level Floorplan



379 Adelaide Street West  
Ground Level Floorplan

[CLICK HERE](#)  
FOR THE VIRTUAL TOUR

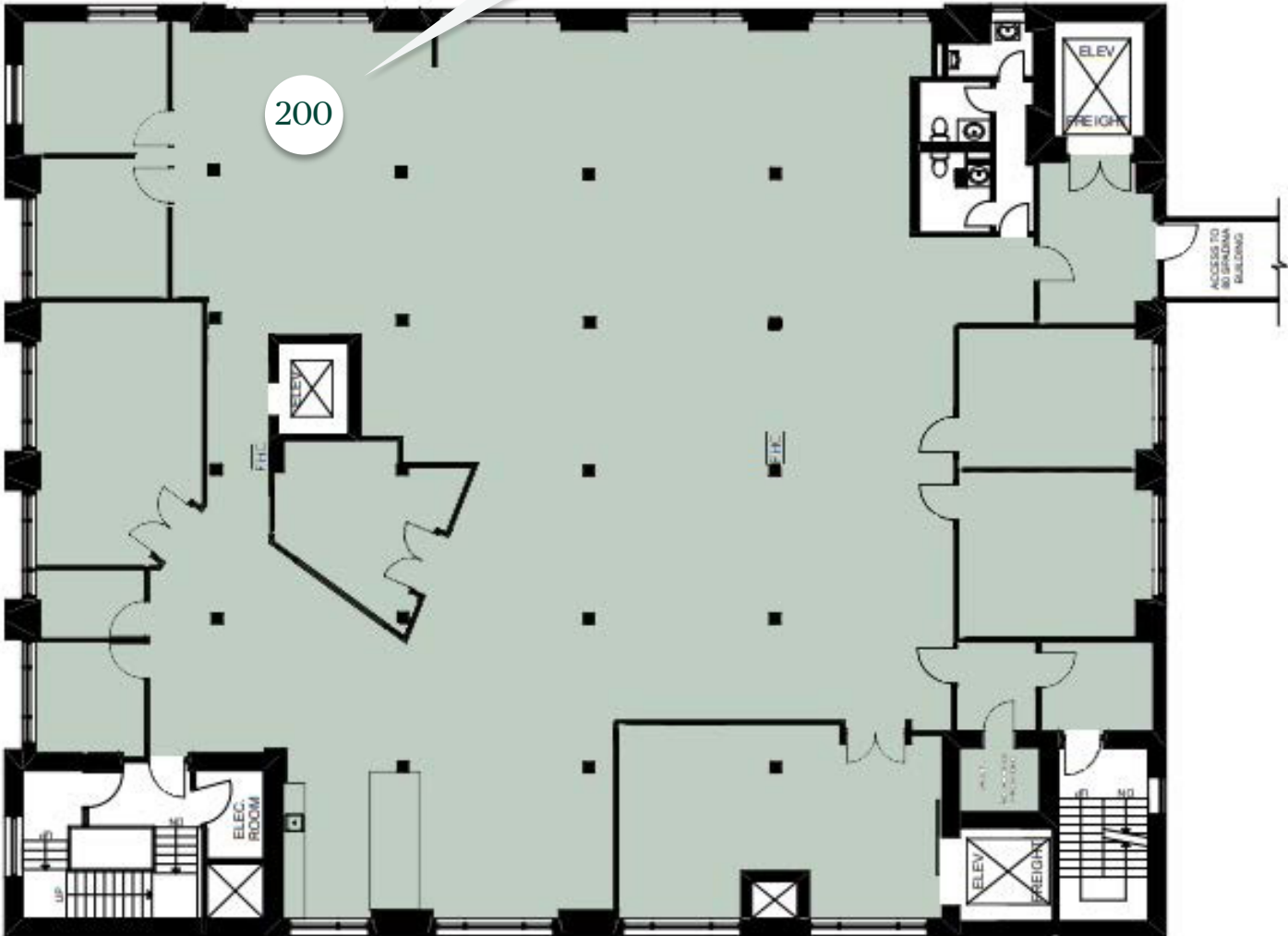
Suite G100  
7,409 sf



# 379 Adelaide Street West Second Level Floorplan

[CLICK HERE](#)  
FOR THE VIRTUAL TOUR

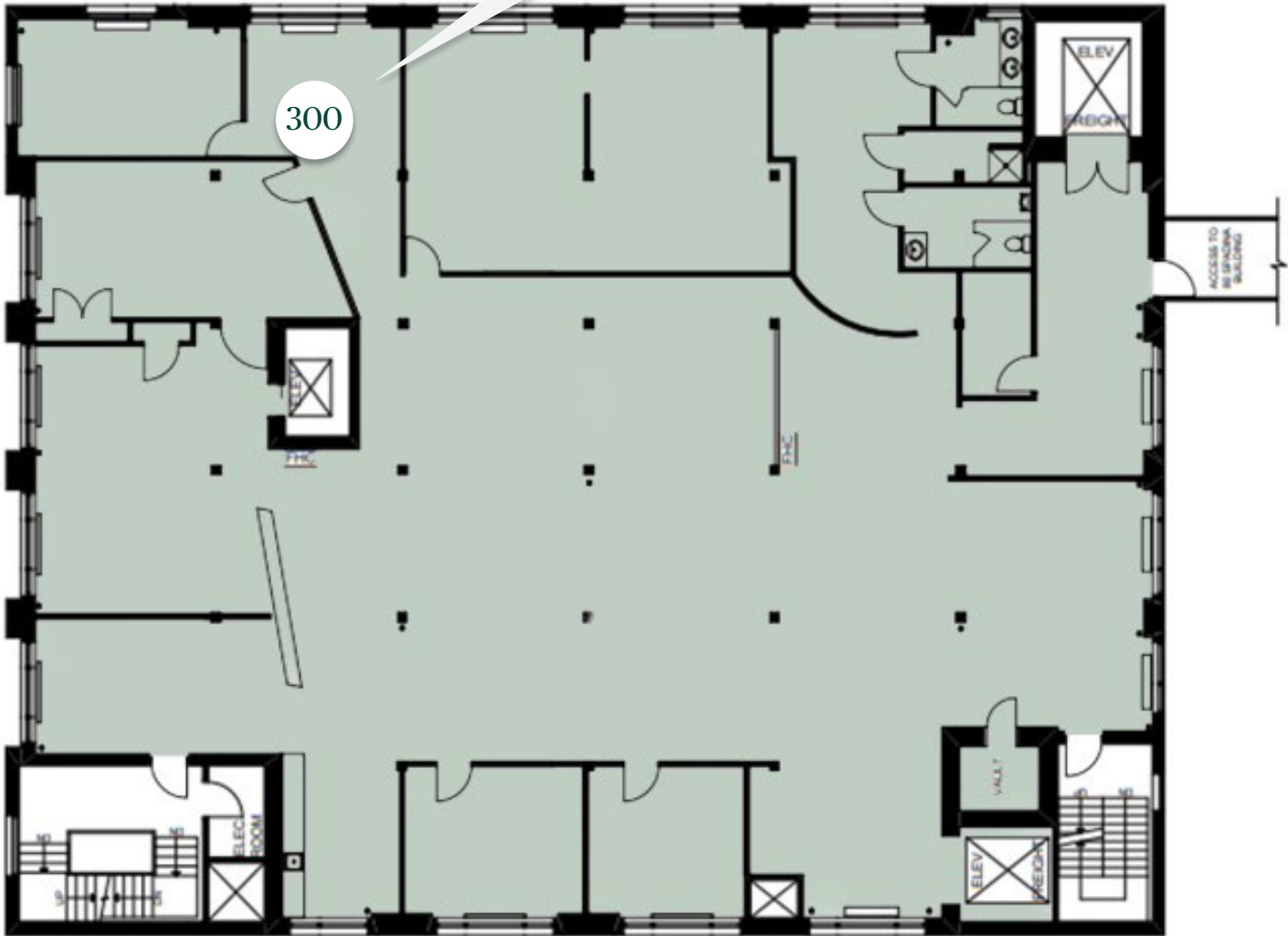
Suite 200  
7,475 sf



379 Adelaide Street West  
Third Level Floorplan

[CLICK HERE](#)  
FOR THE VIRTUAL TOUR

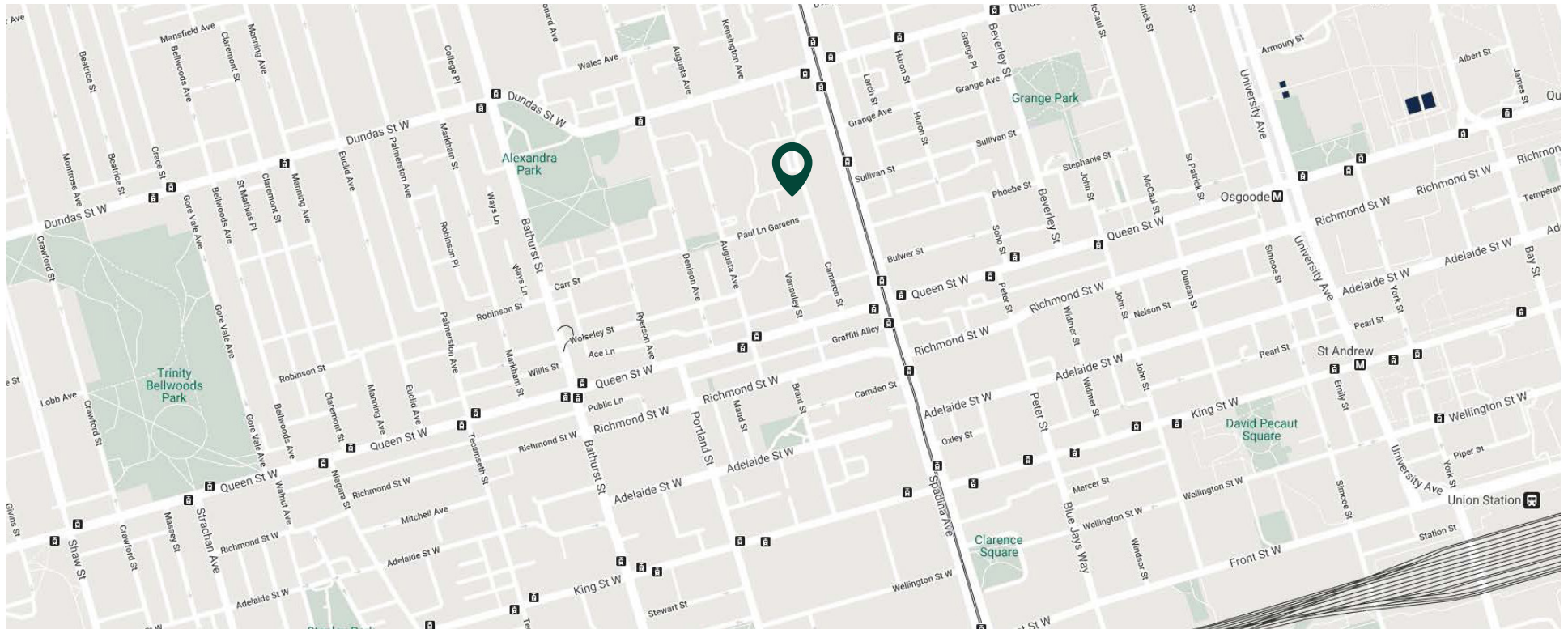
Suite 300  
7,451 sf



# 379 Adelaide Street West

## Amenities Map

Be in the heart of a vibrant, amenity-rich, urban neighbourhood.



### LOCATION

Walk Score® | 99  
 Transit Score® | 100  
 Bike Score® | 75  
 Less than one minute walk to streetcars

### RESTAURANTS

Avenue Open Kitchen  
 Baro  
 Belfast Love Public House  
 Buca  
 CJ Lunch Box  
 Gusto 101  
 Java House  
 Lee  
 Nook  
 Rodney's Oyster House  
 The Green Wood

### HEALTH & WELLNESS

Barre3  
 Barry's Bootcamp  
 F45  
 Fit Factory  
 Harmony Massage & Wellness  
 Mind Body Collective  
 Studio Fitness  
 Totum Life Science  
 Well BYND

### SERVICES

CIBC  
 LCBO  
 Loblaws  
 Petro Canada  
 RBC  
 TD Canada Trust

**ALLIED**  
134 Peter St, Suite 1700  
Toronto, ON M5V 2H2  
T 416 977 9002 F 416 306 8704  
alliedreit.com

**Matt Kornmuller\***  
Vice President  
+1 416 238 9762  
Matthew.Kornmuller@jll.com

**Robert Sweeney\***  
Executive Vice President  
+1 416 559 0722  
Robert.Sweeney@jll.com

**Henry Stafferton\***  
Associate  
+1 416 459 0522  
Henry.Stafferton@jll.com

Although information has been obtained from sources deemed reliable, JLL does not make any guarantees, warranties or representations, express or implied, as to the completeness or accuracy as to the information contained herein. Any projections, opinions, assumptions or estimates used are for example only. There may be differences between projected and actual results, and those differences may be material. JLL does not accept any liability for any loss or damage suffered by any party resulting from reliance on this information. If the recipient of this information has signed a confidentiality agreement with JLL regarding this matter, this information is subject to the terms of that agreement.  
©2023. Jones Lang LaSalle IP, Inc. All rights reserved. \*Sales Representative